#### London Young Counselling

**Client Notes**

To be completed after each client session. To be taken to supervision & signed by your supervisor. Please keep this as your client notes & destroy *(burn or shred)* six weeks after completion of client work.

Counsellor initials: \_\_\_\_\_\_\_ School: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client Ref No: \_\_\_\_\_\_\_\_ Session No:\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_

**Clients presenting concerns:**

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| *(May stay similar throughout time of counselling or may change)* |

**What happened in the session/counsellor intervention/relationship:**

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| *(Bullet points with themes)* |

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| **How did the session end:***(E.g. On time, wanted more time etc.)* |

**Supervisors Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**